

3ABN SABBATH SCHOOL PANEL
005 - LESSON – Thursday – April 30

Tis So Sweet!

MEMORY TEXT: Psalm 119:103-104 (NKJV) “How sweet are Your words to my taste, *Sweeter* than honey to my mouth! (104) Through Your precepts I get understanding; Therefore I hate every false way.”

Think about your favorite dessert. Is it good for your health? Perhaps you use honey as a sweetener, or you may even use Manuka honey for its purported medicinal benefits. If you’ve ever tried honeycomb, you’ll know how sweet the soft texture is as it melts onto your tongue.

What does it mean that “through your precepts I get understanding”? (Ps. 119:104). Why is this idea important in grasping what Bible study does for us?

Yes, God’s words are indeed sweet to our souls and unlike anything else the world offers us. Unlike many desserts, the sweetness of God’s Word is healing to our souls and life-changing for our characters. If you’ve been distant from God, you can fall on your knees, open His Word, and drink from the living water that alone will satisfy.

In Isaiah 55:1–13, the prophet expands on the message mentioned above. Spend some time reading this chapter now and then answer these questions.

1. What does the Lord give to those who come to Him to “eat” from His Word?

The Lord gives **life-sustaining, soul-satisfying nourishment** that cannot be bought or earned.

From the text, He offers:

- **Free grace** — “**without money and without price**” (v.1)
- **True satisfaction** — “**eat what is good, and let your soul delight itself in abundance**” (v.2)
- **Life itself** — “**Hear, and your soul shall live**” (v.3)
- **An everlasting covenant** — **rooted in God’s faithful mercies** (v.3)
- **Joy, peace, and renewal** — **the fruit of receiving His Word** (vv.12–13)

In short: **God gives Himself—His truth, His mercy, His life.**

What the world sells cheaply, God gives freely—but only He can satisfy.

2. What is His invitation to you here?

His invitation is **urgent, personal, and generous**: “**Come... hear... eat... delight... incline your ear... come to Me.**” (vv.1–3)

This is an invitation to:

- **Stop thirsting for what cannot satisfy:**
- **Come just as you are**
- **Receive rather than achieve**
- **Listen deeply, not casually**

God is not calling you to **do more**, but to **come closer** (**Draw Nearer**)

Psalm 69:18 (NKJV) “Draw near to my soul, *and* redeem it; Deliver me because of my enemies.”

James 4:8 (NKJV) “Draw near to God and He will draw near to you. Cleanse *your* hands, *you* sinners; and purify *your* hearts, *you* double-minded.”

Hebrews 10:22 (NKJV) “let us draw near with a true heart in full assurance of faith, having our hearts sprinkled from an evil conscience and our bodies washed with pure water.”

Not to earn favor—but to **receive life**. The invitation is not to religion—it is to **relationship**.

3. What is His challenge?

The challenge is twofold:

A. Abandon false substitutes

“Why do you spend money for what is not bread?” (v.2)

God confronts misplaced trust—efforts, habits, pursuits, and beliefs that promise fulfillment but leave the soul empty.

B. Turn from self-directed living

“Let the wicked forsake his way... for My thoughts are not your thoughts.” (vv.7–8)

The challenge is to:

- Repent
- Let go of self-rule
- Trust God’s higher wisdom
- Believe His Word over your instincts

God’s ways are higher—not to distance us, but to **save us**.

4. What is His promise?

God makes **four powerful promises** in this passage:

His Word will work: “It shall not return to Me void.” (v.11)

What God speaks **always accomplishes** its purpose—whether in conviction, salvation, or transformation.

Your life will be changed: Those who receive His Word walk differently—with **joy replacing restlessness** and **peace replacing anxiety**.

“You shall go out with joy, and be led out with peace.” (v.12)

Creation itself will testify: When God redeems a life, even the environment bears witness.

“The mountains and the hills shall break forth into singing.” (v.12)

Your story will glorify God forever: What God does in you becomes a **lasting testimony** of His grace.

“It shall be to the LORD for a name, for an everlasting sign.” (v.13)