- 1. Light and Darkness
  - a. So simple, we take it for granted
    - Light is a moment-by-moment reality WOVEN into our experience
    - Even a young child can understand
      - With light, you can see / Without light, you can't see
      - The ability to FIND (right tool / right path) simplified by Light
      - The power to CHOOSE is enhanced by light (what color shirt...) That's DISCERNMENT
      - The ability to appreciate beauty is intensified by light
      - Recognizing distance is reinforced by light
      - You need illumination to work Light or darkness
      - You want to dispel fear Light or darkness
        - All of these things I'm saying are spiritual object lessons filled with meaning
    - Everything we see is light
    - Color coming at you Color is light
      - Hues / Brightness / Saturation / Contrast / Tint / & Shade
        - Ways of DESCRIBING our sensitivity to Light
      - That color is an essential part of how we interpret the world
  - b. Darkness ISN'T even a thing.
    - There is Light (Light EXISTS) and Darkness is just NO light
    - **1 Corinthians 2:6** However, we speak wisdom among those who are mature, yet not the wisdom of this age, nor of the rulers of this age, who are **coming to nothing**.
  - c. What a thorough illustration God has given us integrated into every experience we have
- 2. The illustration of Light was built into this world from the first day of Creation
  - a. Genesis 1:2-3 The earth was without form, and void; and <u>darkness was on the face of the deep</u>. And the Spirit of God was hovering over the face of the waters. <sup>3</sup> Then <u>God said, "Let there be light"; and there</u> <u>was light.</u>
    - First ingredient called forth by the voice of God Light
      - In Genesis 1, <u>God's Word</u> speaks, and <u>Light</u> is seen
- 3. From the first chapter of John Jesus is introduced in these two ways
  - a. **1:1** In the beginning was **<u>the Word</u>**, and the Word was with God, and the Word was God.
  - b. LIGHT: **1:5** And <u>the light shines in the darkness</u>, and the darkness did not comprehend it.
    - LIGHT you SEE / the WORD you HEAR
    - God reveals Himself in a way we can sense AND comprehend so we can know Him.
- 4. Light is useless without eyes to see
  - a. Matthew 6:22-23 "The lamp of the body is the eye. If therefore your eye is good, your whole body will be full of light.<sup>23</sup> But if your eye is bad, your whole body will be full of darkness. <u>If therefore the light that is in you is darkness, how great is that darkness!</u>
    - In John, Blindness is a theme
    - We can become Intentionally Blind by CLOSING OUR EYES to the light
    - Thinking we are illuminated, but stumbling in darkness

- 5. We can get all philosophical about Light and Darkness, but here is the Practical Take-Aways that a child can understand
  - a. No one can change darkness to Light
    - There is no source of light INSIDE of me
  - b. <u>God is the source of Light</u>
    - Daniel 2:22 He knows what is in the darkness, And light dwells with Him.
    - **1 Timothy 6:16** ...dwelling in unapproachable light...
  - c. The Light is God's Word
    - **Psalm 119:105** Your word is a lamp to my feet and a light to my path.
    - **Psalm 19:8** The commandment of the LORD is pure, enlightening the eyes;
    - Proverbs 6:23 For the commandment is a lamp, and the law a light;
  - d. <u>The Light is Jesus</u> who embodies in flesh the truth of God's Word the Word made Flesh
    - Isaiah 9:2 The people who walked in darkness have seen a great light; those who dwelt in the land of the shadow of death, upon them a light has shined.
    - John 8:12 Then Jesus spoke to them again, saying, "I am the light of the world. He who follows Me shall not walk in darkness, but have the light of life."
    - John 12:46 "I have come as a light into the world, that whoever believes in Me should not abide in <u>darkness.</u>
    - Matthew 17:2 He was transfigured before them. His face shone like the sun, and His clothes became as white as the light.
  - e. <u>Are YOU taking Light for Granted</u> How to dwell in the Light?
    - PHYSICALLY to get your biorhythms in a correct pattern you need to place yourself in bright natural light as soon as you wake up open your eyes to the light
      - SPIRITUALLY Study the Bible and have sweet communion with Jesus FIRST THING IN THE MORNING
    - PHYSICALLY Cave dwelling damages your eyes and health / Continue to expose yourself to natural light throughout the day
      - $\circ$  SPIRITUALLY Keep a Bible with you / use your free time to read it and pray
      - Live in the Light
      - **Romans 13:12** Therefore let us cast off the works of darkness, and let us put on the armor of light.