

## Quarter one: The Book of Psalms

### Lesson 9—Blessed Is He Who Comes in the Name of the Lord

#### Monday: The Suffering Messiah

February 26, 2024

- **Last Week:** “Wisdom for Righteous Living”
  - The power of God’s Word in the life of the believer
- **This Week:** “Blessed Is He Who Comes in the Name of the Lord”
  - Christ in the Psalms:
    - His deity & Sonship; His high priesthood & kingship
    - His obedience & identity as the Good Shepherd
    - His betrayal, suffering, death, resurrection, & ascension

**Memory Text:** “The stone which the builders rejected has become the chief cornerstone. This was the Lord’s doing; it is marvelous in our eyes.” (Ps 118:22, 23, NKJV)

The week in brief:

- 1. **Sunday:** Divine Self-sacrificing Shepherd (James)
  - Ps 23 & others – God as our Shepherd, yet becoming the sacrificial Lamb for us
- 2. **Monday:** The Suffering Messiah (Jill)
  - Ps 22 – Messianic Psalm – Christ’s suffering / separation from His Father
- 3. **Tuesday:** Forever Faithful to His Covenant (SQ)
  - Ps 89 & 132 – Davidic Covenant / Everlasting Covenant / Christ as the Firstborn
- 4. **Wednesday:** Eternal King of Unrivalled Power (John D)
  - Multiple Psalms – Christ’s resurrection & exaltation at the right hand of God
- 5. **Thursday:** Eternal Priest in the Order of Melchizedek (Daniel)
  - Ps 110 / Heb 7 – Christ as King / Priest

#### Monday: The Suffering Messiah

Ps 22; Ps 118:22

- Psalms 22 – 24 = triad of Psalms / Messianic in nature
  - Ps 22 = Psalm of the Cross (Messiah’s sufferings)
  - Ps 23 = Psalms of the Crypt / Grave (Death of the righteous Lamb of God)
    - Jesus as our good Shepherd
    - Eschatologically, the sheep will be a Righteous One who goes through the valley of death, pointing, ultimately to the righteous, dying Lamb of God
  - Ps 24 = Psalm of the Crown (coronation of the Risen One)
- Ps 22
  - Was sung in the temple during the morning sacrifice of the Lamb
  - Dual application:
    - David crying out to God
    - Messianic Psalm – prefigures the coming Suffering Messiah

- Portrays the suffering, death, resurrection & accomplished mission of the Messiah
- Jesus quoted from this Psalm

### **Applications to Christ, as Messiah & present-day applications**

- Vs 1, 2 – “My God, My God, why have You forsaken Me? Why are You so far from helping Me, and from the words of My groaning? (2) O My God, I cry in the daytime, but You do not hear; and in the night season, and am not silent.”
  - Anguished cry
- **Christ’s fulfillment:**
  - Matt 27:46 – “And about the ninth hour Jesus cried out with a loud voice, saying, ‘Eli, Eli, lama sabachthani?’ that is, ‘My God, My God, why have You forsaken Me?’”
    - Jesus quoted directly from Ps 22:1
  - Ultimate separation from His Father
    - Sin separated Jesus from God
    - Second death experience
    - Pain of separation worse because of oneness with God before
      - John 1:1 – “In the beginning was the Word, and the Word was with God, and the Word was God.”
      - John 10:30 – “I and My Father are one.”
  - “Upon Christ as our Substitute and Surety was laid the iniquity of us all. He was counted a transgressor, that He might redeem us from the condemnation of the law. The guilt of every descendant of Adam was pressing upon His heart. The wrath of God against sin, the terrible manifestation of His displeasure because of iniquity, filled the soul of His Son with consternation.” (DA, p. 753)
    - Yet, in that doubt & darkness, He turned toward God, not away
- **Present day application:**
  - **Takeaway #1:** Christ experienced the second death so we don’t have to
    - Confess & forsake – He forgives, cleanses & restores
      - We never need experience the second death
    - We have pain & separation, but never without hope or Christ’s presence
  - **Takeaway #2:** In your pain, turn toward God
    - We often run from God
      - Turn from Him in anger, hurt, confusion
      - Even with all that emotion, turn toward Him
- Vs 4, 5 – “Our fathers trusted in You; they trusted and You delivered them. (5) They cried to You, and were delivered; they trusted in You, and were not ashamed.”
  - For Christ **and** present-day application:
    - **Takeaway #3:** Remember past victories
      - Remember how God delivered you in the past
      - Gives hope when everything is dark

- Vs 6 – “but I am a worm, and no man; a reproach of men, and despised by the people.”
  - **Christ’s fulfillment:**
    - Man is by nature a worm
      - Isa 41:14a – “Fear not, you worm Jacob, you men of Israel!...”
      - Job 25:6 – “How much less man, who is a maggot, and a son of man, who is a worm?”
    - Christ lowered Himself to become a man
      - Then to death, then to death on the Cross
      - Phil 2
    - Christ was despised by people
      - Isa 53:3a – “He is despised & rejected by men...”
    - The worm which the people sought to crush has become the chief Cornerstone
      - Ps 118:22 – “The stone which the builders rejected has become the chief Cornerstone.”
        - Literally, “head of the corner”
  - **Present-day application:**
    - **Takeaway #4:** It matters not, what others think of you
      - What others think of me is none of my business
      - It matters only what God thinks
- Vs 7, 8 – “All those who see Me ridicule Me; they shoot out the lip, they shake the head, saying, (8) He trusted in the Lord, let Him rescue Him; let Him deliver Him, since He delights in Him!”
- Vs 12, 13 – “Many bulls have surrounded Me; strong bulls of Bashan have encircled Me. (13) They gape at Me with their mouths, like a raging and roaring lion.”
  - **Christ’s fulfillment:**
    - Ridicule & shaking of the head
      - Matt 27:39 – “And those who passed by blasphemed Him, wagging their heads”
    - He trusted in God, where did it get Him?
      - Matt 27:42, 43 – “He saved others; Himself He cannot save... (43) He trusted in God; let Him deliver Him now if He will have Him...”
      - Threatening animal imagery highlights the people’s cruelty & animosity
        - Also, showcases the demonic dimension, urging the people on
  - **Present-day application:**
    - **Takeaway #5:** Your identity & value come from God, not from others
      - Who we are comes solely from God
      - Our value is not in other’s opinions
- Vs 9 – 11 – “But You are He who took Me out of the womb; You made Me trust while on My mother’s breasts. (10) I was cast upon You from birth from My mother’s womb You have been My God. (11) Be not far from Me, for trouble is near; for there is none to help.”
  - For Christ **and** present-day application:
    - Vs 4 & 5 – remembered past victories, what God did for our fathers
    - These verses, what God did for **me**



- **Present day application:**
  - **Takeaway #10:** The praises of those who have experienced God's silence & subsequent deliverance are a powerful witness
  
- **10 (present-day) takeaways from Ps 22**
  - **#1:** Christ experienced the second death so we don't have to
  - **#2:** In your pain, turn toward God
  - **#3:** Remember past victories
  - **#4:** It matters not, what others think of you
  - **#5:** Your identity & value come from God, not from others
  - **#6:** Never forget what God did for **you**
  - **#7:** When everything turns to dust, turn to Jesus, the Water of Life
  - **#8:** Jesus understands our pain
  - **#9:** The garment of Christ's righteousness is worth everything
  - **#10:** The praises of those who have experienced God's silence & subsequent deliverance are a powerful witness